

# Saint James Catholic Women's League

March 2018

Next meeting  
April 19, 7.00  
p.m.



## Upcoming Events

March 25,	Passion Sunday - Holy Week
April 19,	General Meeting
April 22,	Spring Bake Sale
Apr 26-28	Diocesan Convention
May 6	First Communion
May 17,	General Meeting
May 19,	Diocesan Retreat -Cache Creek "You can become a Saint"
May 30,	Confirmation
June 20,	Provincial Convention – Whitehorse,

## Spring Bake Sale

This will be on Sunday April  
22.

## OLGC – Domestic Abuse Services

Please consider volunteering or donating to Thrifters' Paradise, 20566 56th Avenue, Langley. Tues-Sat 10-5

Hanging Baskets will be available again this Spring.  
More information later.

<http://domesticabuseservices.ca/>

## Organization

Stations of the Cross every Friday evening at 7.00 p.m.

Spiritual

We welcome Deacon Alan as our  
Spiritual Advisor

## LEAGUE PRAYER

We humbly pray You, O God our Father,  
to bless The Catholic Women's League of  
Canada.

Bless our beloved country, our homes  
and families.

Send Your Holy Spirit upon us to give  
light to our minds

and strength to our wills

that we may know and fulfil

Your great law of charity.

Teach us to share with others at home  
and abroad the good things

You have given us.

This we ask through our Lord Jesus

Christ and the intercession of our

patroness, Our Lady of Good Counsel.

-Amen-

## Executive 2018

President: Sheila Hall

Past President: Henny van Dongen

President Elect: Heidi Calzavara

Treasurer: Bev Sweeney

## Community Life

March is Nutrition Month. Proper nutrition along with  
physical activity can play an important role in the  
prevention of chronic diseases such as type 2 diabetes and  
heart disease!

<http://www.diabetes.ca/Your-Health/Nutrition-Month/Nutrition-Month.aspx>

## Did you know?

Our oceans are being destroyed by plastic. If nothing changes, by 2030 there will be more plastic by weight in the oceans than there are fish. (2017 World Economic Forum report). We must demand change!

Here's another statistic: If all the plastic straws used in Seattle in a single month were placed end to end, they would pave the way to Vancouver. (The Vancouver Sun – Daphne Bramham)

We as consumers must encourage the banning of these, as has been done in Tofino.

## Recent fundraising

Christmas Bake Sale was very successful. Realized over \$1,000. A big thank you to all who baked and helped.

## Legislation

[ccrl.ca](http://ccrl.ca)

Catholic Civil Rights League

This past Sunday and for the next couple of Sundays, there is a petition available in the lobby for your signature. It is a "Petition Against Demands for Ideological Conformity" in relation to the Summer jobs Program and the conditions that are being imposed. Don't forget to sign!

There is also a letter from our National President relating to the same subject going to the Prime Minister.

## CWL Bursaries

Several bursaries are available to graduating students. The Molly Boucher Provincial Bursary BC & Yukon Life Members Art and Culture Bursary, Vancouver Diocesan Council Bursary and St. James CWL Bursary. The deadline to apply is March 31, 2018. Please check the website: [www.vancouvercwl.ca](http://www.vancouvercwl.ca) for details and application forms. For the St. James CWL Bursary please check the St. James website or pick up an application from the office.

## Final note:

St. James CWL page is on the St. James Parish website...

<http://stjames.rcav.org/cwl/>

Under 'ministries' on the main page.

## A Lenten Prayer

Dear God,

I know that every journey

Begins with a first step.

Be with me today

As I take another step

In my Lenten journey.

I began this journey

With the sign of ashes

On my forehead,

Reminding me

That this is no ordinary walk.

Today, I move one step nearer

To the promise of your light.

Today, with your help,

I will find new meaning

In the Easter that awaits us all.

Thank you, Lord.

Amen

(From Daybreaks – Reflections for Lent  
And Easter Week -Ron Rolheiser, OMI)